

BRING A FRIEND AND JOIN US AT THE FCRSPA SUMMER INDOOR PICNIC LUNCHEON

WEDNESDAY, JULY 19, 2023 DOORS OPEN AT 11:30 WITH LUNCH AT NOON \$18.00 PER PERSON

LEWISTOWN DISTRICT VOLUNTEER FIRE DEPARTMENT

11101 Hessong Bridge Road, Frederick, MD 21701

From Frederick: US-15 N. 9.56 miles, Turn **right** onto Fish Hatchery Rd. 0.47 miles, Turn **right** onto Hessong Bridge Rd. Lewistown Volunteer Fire Department, 11101 HESSONG BRIDGE RD is on the **left**.



General Meeting Notes for July 19, 2023:

- Welcome by Kenny Garvey
- John George -Prayer
- John George- gave another appeal for fair volunteers.
- A thank you went to Lewistown Volunteer Fire Department for providing lunch.
- Marsha Wise recognized new members and shared an update on memberships.
- Award given to FCRSPA for the largest number of members switching to automatic dues deduction.
- Frank Julia was the photographer.
- Heather Quill counselor gave a presentation on "Trauma informed Culturally Responsive Teaching and the Brain". Her talk explored brain science that help students become more independent in their emotional regulation and academic success.